

The ASD VERSILIA NUOTO – Sports Association with seat in Viareggio(Lu), Via V. Veneto, 62 tel.- fax 0039 0584-31633, e-mail: info@versilianuoto.it - web site: www.versilianuoto.it, with the Sponsorship of C.O.N.I., Italian Swimming Federation, Tuscany Region, Province of Lucca, the Municipality of Massarosa, Viareggio, Camaiore, Pietrasanta, Forte dei Marmi, Seravezza, Stazzema, organizes under the aegis of the Italian Swimming Federation

12th GRAN PREMIO ITALIA 2016
40th edition of International Swimming Trophy “MUSSI – LOMBARDI – FEMIANO”
Friday 18th and Saturday 19th November 2016
Reserved to category Open
Sunday 20th November 2016
Reserved to category Youth (Deb. A – You. - Jun.) and disabled athletes

As per agreement with Italian Swimming Federation, this sport event will be the only one valid also as “12th GRAN PREMIO ITALIA 2016”, International Swimming Competition, that in the year 2016 will take place in MASSAROSA on 18th and 19th November 2016, competition days reserved to Open Category Athletes.

The “MUSSI LOMBARDI FEMIANO” Trophy, named after and dedicated to the memory of three State Police Force members, Gianni MUSSI, Giuseppe LOMBARDI and Armando FEMIANO, decorated with the Gold medal for Civil Valour, who fell victims to duty on 22nd October 1975 in Querceta (Lucca) during firing with terrorists, will be held in the Municipal Swimming pool of Massarosa, (25 m., n° 6 lanes, sweet water)- not available a second swimming pool to warm up during competition, located in Via Carlo Pellegrini n° 301 – 55054 Massarosa – tel./fax: +39 0584 976646.

REGULATION

PARTICIPATION “OPEN CATEGORY ATHLETES”

Athletes belonging to Foreign and Italian Swimming Federations regularly enrolled as card-carrying members for the 2016/2017 season can participate to this sport competition.

The Open Category Athletes will compete on 18th and 19th November, with formula of swimming races in series, according to the programme established by Italian Swimming Federation.

Each athlete will be allowed to participate to a maximum of SIX of the competitions in programme.

The minimum number of heats or series for each race, female and male, is as follows:

100m. freestyle:	4 series
50m. and 200m. freestyle, 50m. and 100m. backstroke, breaststroke and butterfly:	4 series
400m. freestyle, 200m. backstroke, breaststroke and butterfly, 100m. and 200m. medley :	3 series
800m., 1500m. freestyle, 400m. medley:	2 series

Possible increase of one series or heat, for the above competitions, will be announced as soon as possible and anyway no more than 10th November 2016.

ENTRY TIMES: (in 50m. o 25m.)

Races	Men		Women	
	50m	25m	50m.	25m-
50m. freestyle	23.54	22.74	26.86	26.16
100m. freestyle	51.35	49.60	57.99	56.49
200m. freestyle	1.52.52	1.48.77	2.05.06	2.01.76
400m. freestyle	3.59.97	3.51.47	4.22.07	4.14.87
800m. freestyle	-----	-----	8.53.05	8.38.25
1500m. freestyle	15.40.83	15.13.83	-----	-----
50m. backstroke	27.14	25.69	30.31	29.06
100m. backstroke	57.99	54.99	1.04.92	1.02.32
200m. backstroke	2.05.91	1.59.51	2.19.42	2.13.82
50m. breaststroke	29.43	28.58	33.52	32.82
100m. breaststroke	1.04.42	1.01.82	1.12.67	1.10.47
200m. breaststroke	2.20.05	2.14.15	2.37.96	2.32.06
50m. butterfly	25.11	24.61	28.33	27.88
100m. butterfly	55.40	54.00	1.02.90	1.01.55
200m. butterfly	2.03.99	2.00.24	2.17.77	2.14.47
200m. medley	2.07.06	2.02.06	2.22.45	2.17.95
400m. medley	4.32.38	4.20.78	5.00.72	4.50.92

Entry times have to be absolutely achieved in the following period:

- absolutely from 1st October 2015 to 8^{eu}ro November 2016, according to official times both 50 m. and 25 m. swimming pool, included in Italian Swimming Federation results;
- In order to establish for each race the Athletes order of precedence, the equivalence table short course/long course will be taken into account;
- For Foreign Athletes, the official registered times from L.E.N. (web-site swimrankings.net) or F.I.N.A. Results achieved in the above period will be taken into account.

The Athletes of category Youth and Juniors that achieved the above entry times , are allowed to participate to the Open category races (18th and 19th November), in addition to the ones reserved and foreseen for their category, on Sunday 20th November 2016.

RACES ENROLLMENT PROCEDURE AND DEADLINE:

Italian Swimming Federation in order to manage the entries of Athletes regularly enrolled as F.I.N. card-carrying members for the 2016/2017 competition season, will open a special section of on line entries on 7th November 2016, with definitive deadline within 12.59 p.m. on 8th November 2016.

ENTRIES CONTROL:

it will be managed directly by F.I.N., verifying their own classifications with performances submitted by Teams/Societies.

OPEN category Athletes START LIST, managed by F.I.N., will be issued on F.I.N. web-site and on A.S.D. VERSILIANUOTO web-site - www.versilianuoto.it- within Thursday 10th November 2016.

ENTRY FEE :

An entry fee, fixed in Euro 8,00 for each Athlete–race, for Open category Athletes that will compete 18th and 19th November 2016, must be sent within and no later than 11th November 2016 to:

**A.S.D. VERSILIANUOTO – Via V. Veneto,62 - 55049 VIAREGGIO by Bank money transfer:
A.S.D. VERSILIANUOTO – Banca del Monte di Lucca –filiale di Viareggio,via Garibaldi –
IBAN: IT18U06915248000 0002 3518 080**

We kindly require to all the Teams/Societies to send to A.S.D. VERSILIANUOTO, by fax:0039 0584-31633, or by e-mail, info@versilianuoto.it , copy of Bank receipt as proof of entry fee payment, within and no later than 14th November 2016.

SINGLE START

Timing service, managed by Italian Timer Federation, will be electronic (plate) and manual one.

INDIVIDUAL SCORE:

The assignment of points to the first SIX athletes (men/women) for individual results, will be determined as follows: **Points 7- 5- 4 – 3 – 2 – 1.**

ATHLETES PRIZEGIVING:

The prizegiving ceremony will take place at the pool at the end of each round of races and the athletes classified in the first three places for each single competition will receive medals.

CLASSIFICATION FOR THE SOCIETIES/TEAMS AND PRIZEGIVING:

the first SIX Italian or Foreign Societies/Teams classified will be awarded with prizes and final results will be done summing the achieved results of male and female athletes at the end of the first two competition days.

**The prizegiving ceremony of the first SIX Societies/Teams classified, will take place at the end of the two Open category competition days, at 6.30 p.m..
It will be announced before the beginning of competition days.**

COMPETITION PROGRAMME (OPEN CATEGORY)

- Thursday- 17th November 2016: h: 4.00 p.m.- Opening of Secretariat at the Swimming Pool
h: 5.00 p.m. till 8.00 p.m. Warm up

- FRIDAY', 18th November 2016 - RESERVED to Open category Athletes:

MORNING: Opening swimming pool at 8.00. a.m. –
h: 8.30 Warm up – h: 10,00 a.m. - Competition start

AFTERNOON : Opening swimming pool at 2.00 p.m.
h: 2.30 Warm up – h: 4.00 p.m. Competition start

Races:

Series 400m. freestyle	men
Series 50m. backstroke	women
Series 50m. butterfly	men
Series 200m. freestyle	women
Series 50m. breaststroke	men
Series 100m. breaststroke	women
Series 400m. medley	men
Series 100m butterfly	women

Races:

2 nd Series 800m. freestyle	women
Series 200m. butterfly	men
Series 200m. backstroke	women
Series 200m. breaststroke	men
Series 50m. freestyle	women
Series 100m. backstroke	men
1 st Series 800m. freestyle	women
Series 100m. medley	men
Series 200m. medley	women
Series 100m. freestyle	men

- SATURDAY, 19th November 2016 - RESERVED to Open category Athletes:

MORNING: Opening swimming pool at 8.00. a.m. –
h: 8.30 am Warm up -ore 10,00 am -Competition start

AFTERNOON : Opening swimming pool at 2.00 p.m.
h: 2.30 p.m. Warm up – h: 4.00 p.m. Competition start

Races:

Series 400m. freestyle	women
Series 50m. backstroke	men
Series 50m. butterfly	women
Series 200m. freestyle	men
Series 50m. breaststroke	women
Series 100m. breaststroke	men
Series 400m. medley	women
Series 100m. butterfly	men

Races:

2 nd Series 1500m. freestyle	men
Series 200m. butterfly	women
Series 200m. backstroke	men
Series 200m. breaststroke	women
Series 50m. freestyle	men
Series 100m. backstroke	women
1 st Series 1500m. freestyle	men
Series 100m. medley	women
Series 200m. medley	men
Series 100m. freestyle	women

IMPORTANT NOTE:

At about 6.00 p.m. of Saturday 19th November, before the last series heat 100 m. freestyle - women, it will be celebrated one minute of silence to honour the memory of those people to whom the Trophy is headed: Gianni MUSSI, Giuseppe LOMBARDI and Armando FEMIANO.

The Organizing Committee reserves the right to apply changes to the competition programme, for any need.

These changes will be in any case notified promptly in advance also on the web site www.versilianuoto.it

SUNDAY 20th NOVEMBER 2016

Day Reserved to Athletes category Youth (Deb. A – Youth - Jun.) and disabled athletes

It is allowed the participation to athletes belonging to the categories JUNIORS - YOUTH and DEBUTANT A.

Each Society/Team will be allowed to enroll an unlimited number of Athletes.

Each Athlete will be allowed to participate to an unlimited number of races.

The Organizing Committee reserves the right to stop enrollments in advance, as soon as it will be reached the maximum number of Athletes in order to guarantee a good and regular progress of the event.

These changes will be in any case notified promptly in advance also on the web site www.versilianuoto.it

DEBUTANT A: males born in the years 2005-2004 - females born in the years 2006-2005

YOUTH: males born in the years 2003-2002-2001 - females born in the years 2004-2003

JUNIORS: males born in the years 2000-1999 - females born in the years 2002-2001

They will compete in the following single series races, with time classification:

m. 50 and m. 100 butterfly – m. 50 and m. 100 backstroke – m. 50 and m. 100 breaststroke -
m. 50 and m. 100 free style – m- 100 medley – m. 200 free style.

The participation of disabled Athletes has been agreed directly with F.I.N.P.

The athletes of DEBUTANT A category will be allowed to participate only to 50 m. races, that will take place in the afternoon of 15th November and to a maximum of TWO ones of the four competitions in programme.

SINGLE START

Timing service, managed by Italian Timer Federation, will be electronic (plate) and manual one.

RACES ENROLLMENT PROCEDURE AND DEADLINE:

Entries have to be sent, using the form published on the web-site www.versilianuoto.it, to:

A.S.D. VERSILIANUOTO-Via Veneto,62 – 55049 VIAREGGIO, by e-mail: info@francobaroni.com – within and no later than 11th November 2016. For any need, please contact Mr. Franco BARONI – mob. 366.5455941 – the person in charge to receive entries and manage results.

ENTRY FEE :

An entry fee, fixed in Euro 8,00 for each Athlete–race, for category Youth (Deb. A – You. - Jun.), must be sent within and no later than 11th November 2016 to:

A.S..D. VERSILIANUOTO – Via V. Veneto,62 - 55049 VIAREGGIO by Bank money transfer:

A.S.D. VERSILIANUOTO – Banca del Monte di Lucca –filiale di Viareggio,via Garibaldi –

IBAN: IT18UO6915248000 0002 3518 080

We kindly require to all the Teams/Societies to send to A.S.D. VERSILIANUOTO, by fax:0039 0584-31633, or by e-mail, info@versilianuoto.it , copy of Bank receipt as proof of entry fee payment, within and no later than 14th November 2016.

START LIST will be issued on A.S.D. VERSILIANUOTO web-site - www.versilianuoto.it as soon as possible.

ATHLETES PRIZEGIVING:

The prizegiving ceremony will take place at the pool and the athletes classified in the first three places for each single competition will receive medals.

Male category "YOUTH", born in the year 2003, even if remain integral part of their category, will be awarded also with an apart final result.

SPECIAL PRIZE:

The SIMONINI Family and Organizing Team, with cooperation of a special committee, with their own judgement, will award a special prize, to an Italian Athlete (man or woman) in memory of Daniela SPADONI SIMONINI, unforgettable and precious collaborator of this event for many years.

INDIVIDUAL SCORE:

The assignment of points to the first SIX athletes (male/female) for individual results, will be determined as follows: Points 7- 5 - 4 – 3 – 2 – 1.

CLASSIFICATION FOR THE SOCIETIES/TEAMS AND PRIZEGIVING:

the first SIX Societies/Teams classified will be awarded with prizes and final results will be done summing the achieved results of male and female athletes belonging to the three categories (Debutant A – Youth - Juniors) that will compete in the day of 20th November 2016.

The Organization refuse all responsibility for anything that may happen to competitors, officials, trainers, third parties and things, before, during and after the sport event.

For all eventualities not foreseen in the present regulations, the norms covered by the Technical Regulation of the ITALIAN SWIMMING FEDERATION will be valid.

COMPETITION PROGRAMME of 20th November 2016

Sunday 20th November 2016 – Turn reserved to Athletes "Debutant A Youth and Juniors"

morning -

Opening swimming pool at 7.15 a.m.

H: 7.30-7.55 a.m.– warm up female athletes -

H: 7.55-8.20 a.m.– warm up male athletes

h: 8.30 a.m. - COMPETITION START in the following order:

m.100 medley - m.100 butterfly - m.100 backstroke- m. 100 breaststroke

- m.100 freestyle

AT THE END PRIZEGIVING TO ATHLETES THAT HAVE COMPETED IN MORNING RACES

**Sunday 20th November 2016 – Turn reserved to Athletes
“Debutant A – Youth – Juniors and FINP Disabled Athletes”**

afternoon -

Opening swimming pool at 14.15
H: 14.30-14.55 – warm up female athletes -
H: 14.55-15.20 – warm up male athletes
H: 15.20-15.30 – warm up FINP athletes
H: 15.30-16.00 Races and prizegiving reserved to F.I.N.P. Athletes
H: 16.00 Competition start for Athletes category “Debutant A – Youth – Juniors”
in the following order (Male/Female):
m. 200 free style - m.50 butterfly -m.50 backstroke - m.50
breaststroke -m.50 freestyle

**At about 18.30/19.00 at the end of competition day
Ceremony of Prizegiving: individuals – specials prizes and first six Societies/Teams
classified**

The Organizing Committee reserves the right to apply changes to the competition programme, for any needs, requirements or other; these changes will be in any case promptly notified in advance.

FOR ANY INFORMATION, apply to:

Gianni CRISCI – mob. 338 2432279 – e-mail: gianni_crisci@teletu.it – info@versilianuoto.it
Mr. Franco BARONI – the person in charge to receive entries and manage results - mob. 366.5455941 – e-mail: info@francobaroni.com
Marco SALVETTI – tel/fax:0584-31633- mob. 340 2342247

The President
Organizing Committee
Gianni CRISCI

HOTEL ACCOMMODATION:

For any information about Hotel accommodation, agreed special rates (beverages included) in occasion of this Sport Event and facilities, apply to **Agenzia "NANA' VIAGGI" – TRAVEL CONCEPT STORE" in VIAREGGIO.**

Hotel rates:

-4 stars Hotels Lido di Camaiore:

€.70,00= B&B – single room per night per person

€.100,00= B&B -double room (2 people) per room per night

City tax not foreseen

-4 stars Hotels Viareggio:

€.80,00= B&B – single room per night per person

€.130,00= B&B -double room (2 people) per room per night

City tax Euro 4,50 per person per day (excluded military and people up to 18 years old)

-3 stars Hotels Lido di Camaiore:

€.49,00= Full board – double room per person per day

€.44,00= Half board - double room per person per day

€.12,00= Supplement Single Room per day

City tax not foreseen

-3 stars Hotels Viareggio:

€.55,00= Full board – double room per person per day

€.48,00= Half board - double room per person per day

€.12,00= Supplement Single Room per day

City tax Euro 4,00 per person per day (excluded military and people up to 18 years old)

-2 stars Hotel Viareggio:

€.48,00= Full board - double room per person per day

€.43,00= Half board - double room per person per day

€.10,00= Supplement Single Room per day

City tax Euro 3,50 per person per day (excluded military and people up to 18 years old)

No City Tax for Hotels located in Massarosa and Lido di Camaiore

NOTE:

We kindly advise to contact directly A.S.D. VERSILIANUOTO or AGENZIA "NANA' VIAGGI -TRAVEL CONCEPT STORE", via A. Fratti, 262 – 55049-VIAREGGIO- Tel.0584-1842116-7 – Fax:0584-1842118 – Luana(333.9403168)- Serena(339-6042898)- e-mail:

luana@na-naviaggi.it – serena@na-naviaggi.it –

in order to obtain the above specified agreed special conditions reserved to participants to 12th GRAN PREMIO ITALIA 2016- 40th MUSSI-LOMBARDI -FEMIANO INTERNATIONAL SWIMMING TROPHY

**The President
Gianni Crisci**